

# Official Terms & Conditions

## 1. Promoter

This prize draw is promoted by Anka Retreats (“the Promoter”), United Kingdom.

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## 2. Eligibility

- Open to individuals aged 18 or over.
  - Entrants must be residents of the UK.
  - The winner must be available to attend the retreat on the scheduled dates.
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## 3. The Prize

The prize consists of one single-bed space in a twin room at the Anka Retreat, taking place on 10/04/2026- 12/04/2026 in Congleton Cheshire, United Kingdom.

The prize includes:

- Two-night accommodation
- All meals provided during the retreat
- Full retreat programme participation
- Sound bath session
- Hot tub access
- Complimentary gifts
- All inclusions provided to full-paying guests

The full address will be shared directly with the confirmed attendee.

The prize:

- The prize is non-exchangeable and no cash alternative will be offered.
- The winner may gift the retreat space to another eligible woman if she is unable to attend.

Travel expenses are not included.

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## 4. Entry Details

Paid Entry:  
£10 per ticket  
or  
3 tickets for £25

Tickets are non-refundable.

Free Entry Route:

- A free postal entry is available. To enter without payment, send your full name and email address on a postcard to:

[9, Layland Drive, Rugeley, WS15 2EP]

- Postal entries must be received before the closing date and will be entered into the draw with equal weighting to paid entries.

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## 5. Entry Period

Entries open: [17/03/2026]  
Entries close: 1st March at 23:59 GMT

Any entries received after this time will not be included.

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## 6. Winner Selection

The winner will be selected at random from all eligible entries.

The draw will take place on:  
2nd March 2026

The selection will be conducted using a random number generator and recorded for transparency.

The winner will be contacted via email within 24 hours of the draw.

If the winner does not respond within 48 hours, the Promoter reserves the right to redraw.

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## 7. Charity Contribution

£1 from every paid ticket sold will be donated to Cancer Research UK.

The donation will be made following the close of the competition.  
Confirmation of donation may be shared publicly.

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## **8. Refund Policy**

All ticket purchases are final.  
Tickets are non-refundable.

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## **9. Liability**

The Promoter reserves the right to cancel or amend the competition where necessary due to circumstances beyond reasonable control.

The retreat is subject to standard booking terms and participant code of conduct.

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## **10. Data Protection**

Personal data supplied during the course of this promotion will only be processed for the purpose of administering the competition and in accordance with UK GDPR regulations.